



## **2025 Yin Yoga Trainings & Retreats**

### **Virtual Yin Yoga TT Level 1 [30 hrs.] 30 Hours Yoga Alliance Certification**

Jan. 3, 4, 5th, 2025

Or

Jan. 17, 18, 19th 2025

**February & March TBA**

Contact me for more information

### **Live – In Person Yin Yoga TT Level II [30 hrs.]**

May 2, 3, 4th 2025

Hot Yoga Revolution

<https://www.hotyogarevolution.com/>

### **Live – In Person Yin Yoga TT Level 1 [30 hrs.]**

#### **30 Hours Yoga Alliance Certification**

April 25, 26, 27th 2025

Hot Yoga Revolution

<https://www.hotyogarevolution.com/>

### **Live – In Person Yin Yoga TT Level III [40 hrs.]**

**10 hours are Virtual**

Sept. 19, 20, 21st 2025

Hot Yoga Revolution

<https://www.hotyogarevolution.com/>

### **Mexico Retreat & Yin Yoga Concatenation**

**Serenity & Adventure in Riviera Maya**

**Playa Del Carmen, Quinta Roo, Mexico**

**Nov. 5th – 10th 2025**

<https://soulalchemyinmexico.iamfit4travel.com/>

***Be the Community***