



2026 Yin Yoga Trainings & Retreats

Virtual Yin Yoga TT Level 1 [30 hrs.]

30 Hours Yoga Alliance Certification

Jan. 10, 11, 18, 2026 [Completed]

Jan. 31, Feb. 1 & 8th 2026 [In Progress - Closed]

75 min YinKi Workshop - Hot Yoga Revolution

February 21st, 2026 6:30pm - 8pm

<https://www.hotyogarevolution.com/>

Live - In Person Yin Yoga TT Level I [30 hrs.]

May 15th, 16th, 17th 2026

Hot Yoga Revolution

<https://www.hotyogarevolution.com/>

Live - In Person Yin Yoga TT Level II [30 hrs.]

30 Hours Yoga Alliance Certification

June 26th, 27th, 28th 2026

Hot Yoga Revolution

<https://www.hotyogarevolution.com/>

Live - In Person Yin Yoga TT Level III [40 hrs.]

10 hours are Virtual

Sept. 18, 19, 20th 2026

Hot Yoga Revolution

<https://www.hotyogarevolution.com/>

Live - Retreat & In Person Yin Yoga TT Level II Retreat [30 hrs.]

30 Hours Yoga Alliance Certification

October 2026 on Kiawah Island, SC

Stay Tuned for Yin Yoga Workshops in SC & NJ

Be the Community