



2026 Yin Yoga Trainings & Retreats

Virtual Yin Yoga TT Level 1 [30 hrs.] 30 Hours Yoga Alliance Certification

Jan. 10, 11, 18, 2026 and
Jan. 31, Feb. 1 & 8th 2026

February & March TBA via IG
Contact me for more information

Live – In Person Yin Yoga TT Level I [30 hrs.]

May 15th, 16th, 17th 2026

Hot Yoga Revolution

<https://www.hotyogarevolution.com/>

Live – In Person Yin Yoga TT Level II [30 hrs.]

30 Hours Yoga Alliance Certification

June 26th, 27th, 28th 2026

Hot Yoga Revolution

<https://www.hotyogarevolution.com/>

Live – In Person Yin Yoga TT Level II [30 hrs.]

30 Hours Yoga Alliance Certification

October 2026 on Kiawah Island, SC

Live – In Person Yin Yoga TT Level III [40 hrs.]

10 hours are Virtual

Sept. 18, 19, 20th 2026

Hot Yoga Revolution

<https://www.hotyogarevolution.com/>

Stay Tuned for Yin Yoga Workshops In SC & NJ

Be the Community